

PERSONAL GEAR CHECKLIST FOR A WEEKEND CAMP

Sleeping Stuff

- Sleeping Bag
- Air Mattress or Bed Roll
- Extra Blanket (Optional)
- Pillow (Optional)
- Tracksuit (to sleep in only)

Toiletries

- 1 Dilly Bag
- Soap
- Tooth brush
- Tooth Paste
- Roll on Deodorant
- Comb / Brush
- Towel

Mess Kit

- Knife
- Fork
- Spoon
- Dinner Plate (Plastic / Enamel / Aluminium)
- Bowl (Plastic / Enamel / Aluminium)
- Cup / Mug (Plastic / Enamel / Aluminium)
- Tea Towl

Small First Aid Kit

- Band Aids
- Antiseptic Powder or wipes

Things Not To Bring

- Matches
- Pocket Knife
- Aerosol cans (use roll ons only)

Cloths

- Underwear X 2
- Socks X 3 Pairs
- Shorts / Swimmers X 1
- T-shirt X 2
- Long Paints / Tracksuit X 2
- Jumpers X 1
- Raincoat / Parka
- Shoes X 2 Pairs (1 pair will get wet)
- Hat / Cap
- Beanie (Optional)

Other Stuff

- Torch (Check batteries)
- Sunscreen
- Roll on Insect Repellent
- Day Pack
- Water Bottle (at least 600ml)
- handkerchiefs / Tissues

Optional Extras

- Disposable Camera
- Note Pad
- Pen / Pencil
- Spare Batteries (for torch)
- Day Pack

NOTE:

This gear list is only a guide based on a 2 night camp.

The number of items required will depend on the following factors:

- The length of the camp
- The weather
- Hike or Standing Camp
- Activities which are done on camp